

EAGLE'S WINGS ATHLETICS - BOYS TEAM - MEET RESULTS, PICS, & INFO

MEET: Houston National Invite

DATE: March 6, 2010

LEVEL 7s:

#:	GYMNAST NAME:	AG:	FX:	pl	PH:	pl	SR:	pl	V:	pl	PB:	pl	HB:	pl	AA:	pl	RANK
	Drew Sikora	10-11	scratch - due to injury														
1	Christopher Bowling	10-11	14.70	26T	11.00	41T	15.00	11T	14.30	16	13.60	28T	13.10	31T	81.70	31	3
2	Drew Huck	10-11	15.30	9T	14.00	6	14.80	17T	14.50	8T	14.40	17T	12.30	40	85.30	9	1
3	Cole Wilhelm	12+	14.30	5T	12.70	7	12.60	10	14.40	2T	14.20	4T	14.80	2	83.00	5	2
EVENT TEAM TOTALS:			44.30		37.70		42.40		43.20		42.20		40.20		250.00		

LEVEL 7 TOTAL TEAM SCORE: 250.00

LEVEL 8:

#:	GYMNAST NAME:	AG:	FX:	pl	PH:	pl	SR:	pl	V:	pl	PB:	pl	HB:	pl	AA:	pl	RANK
4	Chandler Guvernator	12+	11.60	27T	11.00	8T	10.80	12T	12.00	17T	11.60	17T	9.50	26	66.50	11T	1



The Houston National Invitational is the biggest meet of the year!! It has the best gymnasts and judges from all over the country. Several states and regions were represented along with several other countries for the Elite sessions. For the Level 8 and 7s they had some ups and downs. The downs were sometimes due to strength issues and/or lack of focus. The ups were great with some boys doing their best ever on some skills and routines. It was cool to see that even with some mistakes our boys did as well or better than several regional developmental team members from the past year, (which are the top 12 boys in the all-around at regionals for Level 6 8-9s and Level 7 10-11s). It was also quite cool & unique that the boys wore numbers on their backs & competed just like a nationals!!

LEVEL 9:

#:	GYMNAST NAME:	AG:	FX:	pl	PH:	pl	SR:	pl	V:	pl	PB:	pl	HB:	pl	AA:	pl	RANK
1	Cameron Lake	12-13	13.50	12T	11.10	23	10.60	46T	12.20	37T	11.30	55T	10.60	40T	69.30	28T	1

LEVEL 10s:

#:	GYMNAST NAME:	AG:	FX:	pl	PH:	pl	SR:	pl	V:	pl	PB:	pl	HB:	pl	AA:	pl	RANK
2	Evan Fitzgerald	14-15	12.90	20T	11.10	36T	10.10	41	14.00	10	11.60	37	11.40	20	71.10	27T	3
3	Johann Handszer	14-15	13.70	5T	13.50	6	12.30	8T	13.60	12T	12.90	10T	12.20	10T	78.20	6	1
1	Adam Templin	16-18	scratch		scratch		scratch		12.20	47	scratch		scratch		12.20	57	5
2	Justin Muenz	16-18	12.20	31T	10.10	43T	11.40	28T	scratch		12.80	19T	12.60	7	59.10	40	4
3	Logan Doughty	16-18	12.40	27	12.20	15T	10.00	49T	14.20	16	13.00	16T	12.50	9T	74.30	18T	2

EVENT TEAM TOTALS/PLACES: 39.00 36.80 33.80 41.80 38.70 37.30 223.60

EVENT (16-18) TEAM TOTALS/PLACES: 24.60 11 22.30 13T 21.40 14 26.40 11T 25.80 11T 25.10 7 145.60

LEVEL 10 (16-18) TOTAL TEAM SCORE: 145.60

LEVEL 10 TOTAL TEAM SCORE: 227.40

LEVEL 10 (16-18) TEAM PLACE: 6th



The Level 9 & Level 10s were in the next sessions and also had a few ups and downs. Just like all the sessions there were 2 meets going on at once with 2 sets of equipment. It was run very well and the coaches all work together to make it work since several of us had boys on both sets of equipment at the same time. This is also similar to nationals. Anyway, these guys are all trying to get scores that will help them be able to get to nationals. The Level 9s need a 72.5 all-around at regionals to get to nationals (or be in the allotted number our region takes, which might mean boys will go with an all-around score much below that. The allotted numbers come out after the state meet). The Level 10 (14-15s) need a 76.5 all-around or 65.8 on 5 events, 53.5 on 4 events, or 42 on 3 events. The all-around score is the easiest to get, but it is still quite tough and only about 10-20 boys will get it. The 3, 4, & 5 event scores help those who are specialists and/or who have a bad event here & there. The Level 10 (16-18s) need a 78.0 all-around, or 67 on 5, 54.6 on 4, or 42.9 on 3 to qualify to nationals. The columns to the right show more of that with formulas to figure how our boys did. Like the Level 9s the Level 10s in each age-group will have allotted numbers going as well, but those come out later. Anyway, these boys also were able to beat several regional team members. They will be working hard on strength, technique, consistency, and their mental game plan for the next few weeks/months.

