



104-B N. Greenville Ave  
Allen, TX 75002  
Phone (972) 727-9911  
Fax (972) 555-9970

# Press Release

Contact: Bret Stout, Virginia Oas  
Phone: (972) 727-9911

FOR IMMEDIATE RELEASE  
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## LOCAL GYMNAST IS REGIONAL CHAMPION

**ALLEN, TX:** The top gymnasts from the seven states gathered the weekend of April 25 in Norman, Oklahoma for the Level 8 USA Gymnastics Region 3 Championships. Competitors came from Arkansas, Colorado, Kansas, New Mexico, Oklahoma, Texas and Wyoming, and one local girl earned her way to the top spot of the 55 hopefuls in her age group.

Emily Howe, who trains at Eagle's Wings Athletics (EWA), was the all-around champion in the Junior 2 age group, receiving a total of 38.550 points out of a possible 40. She earned silver medals on floor exercise (9.75) and uneven parallel bars (9.65) and placed fourth on vault and balance beam, earning a 9.575 on each. Haylee Roe placed fifth all-around (38.0) and earned ninth place on three events - bars (9.575), beam (9.5), and vault (9.35). Korinne Manjarres earned bronze on vault with a

9.6, fifth on bars (9.625) and tenth on floor (9.65) to place sixth all-around (37.975).

In the Junior 3 group, Tiffany James earned a 37.925 all-around score to take fourth place. She also earned fourth place on uneven bars (9.65) and tenth place on vault (9.375). And in the Junior 1 division, Heather Udowitch took seventh on bars (9.7) and tenth all-around (38.35), while Cori Guerrero placed sixth on floor (9.725) and eighth on balance beam (9.625).

The USAG optional team at EWA is coached by Tatiana Schegokova, Alex Atamas and Amber Prather.

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